

**CAMZYOS™**  
(mavacamten)<sup>2.5, 5, 10, 15mg</sup>  
capsules

## A guide to discussing CAMZYOS™ with your doctor

CAMZYOS is a prescription medicine used to treat adults with symptomatic obstructive hypertrophic cardiomyopathy, or HCM, and may improve your symptoms and your ability to be active.



**CAMZYOS—the first and only FDA-approved treatment of its kind—targets the source of symptomatic obstructive HCM. CAMZYOS is a cardiac myosin inhibitor.**

In symptomatic obstructive HCM, two proteins in the heart muscle, called myosin and actin, form too many connections with each other. CAMZYOS binds to myosin to reduce the number of these excessive connections.

### Select Important Safety Information


#### WARNING: RISK OF HEART FAILURE

 **CAMZYOS may cause serious side effects, including heart failure.**

Heart failure, a condition where the heart cannot pump with enough force, is a serious condition that can lead to death.

You must have echocardiograms before you take your first dose and during your treatment with CAMZYOS to help your healthcare provider understand how your heart is responding to CAMZYOS. Echocardiograms (echos) are imaging tests, a type of ultrasound study, which take pictures of your heart and show how well your heart is working.

People who develop a serious infection or irregular heartbeat have a greater risk of heart failure during treatment with CAMZYOS.

 **Get medical help right away** if you experience new or worsening symptoms, including:





- shortness of breath • chest pain • fatigue
- racing heart (palpitations) • leg swelling
- rapid weight gain

**The risk of heart failure is also increased when CAMZYOS is taken with certain other medications.**

Tell your healthcare provider about the medicines you take, both prescribed and obtained over-the-counter, before and during treatment with CAMZYOS.

**Because of the serious risk of heart failure, CAMZYOS is only available through a restricted program called the CAMZYOS Risk Evaluation and Mitigation Strategy (REMS) Program.**

This means:

-  **You and your healthcare provider must both be enrolled in the CAMZYOS REMS program** in order to have it prescribed. Talk to your healthcare provider about how to enroll and for more information about the program.
-  **Your healthcare provider and pharmacist will make sure you understand how to take CAMZYOS safely,** which includes returning for echos when advised by your healthcare provider.
-  **You can only get CAMZYOS from a certified pharmacy that is part of the CAMZYOS REMS program.** Talk to your healthcare provider about finding a certified pharmacy. You will not be able to get CAMZYOS from a local pharmacy.
-  If you have questions about the CAMZYOS REMS Program, ask your healthcare provider, visit [www.CAMZYOSREMS.com](http://www.CAMZYOSREMS.com) or call 1-833-628-7367.

Please see additional Important Safety Information, including **Boxed WARNING**, throughout and [US Full Prescribing Information](#) and [Medication Guide](#) for CAMZYOS.

# Questions to ask your doctor about your condition during your appointment

When you are having a conversation with your doctor, you can use this guide to help you:

## 1 Be prepared

There are questions in this guide that can help you prepare for your appointment. Having answers ready for these questions ahead of time may help you talk with your doctor about the impact of your condition and your treatment plan.

## 2 Become confident asking questions

Asking for clear answers from your doctor will help you work together to make informed decisions.

## 3 Take notes

You may want to take notes during your conversation so that you can refer to them later.

If you're newly diagnosed, you may want to ask your doctor about your symptomatic obstructive HCM diagnosis to better understand your condition and treatment options. Some questions are provided below to help you get the conversation started. Keep in mind that the questions provided are suggestions for topics you can discuss and are not meant as medical advice. Be sure to discuss any questions you have with your doctor.

### 1. What is obstructive HCM?



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### 2. What may be causing my symptoms?



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### 3. What may be the cause of this condition?



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### 4. What does this diagnosis mean for me and my family?



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### 5. Is there another medical professional who should be involved in my treatment plan?



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# Preparing for your appointment

You can fill out this section before you speak with your doctor to ensure you're ready to share important information about your history with symptomatic obstructive HCM and your current treatment plan.

**If you're seeing a new doctor or specialist,** be sure to answer questions 1 to 3 to help bring them up to date on what you're doing (or have done up until now) to help manage your condition. Also share any other relevant health history including medicines you are taking, pregnancy, or breastfeeding.

**1. Do you currently manage your symptomatic obstructive HCM with medicine?**

(Please include prescription and over-the-counter medicines, including vitamins and herbal supplements.) If "Yes," please list:

Yes  No

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**2. Do you take any medicines for other conditions?**

(Please consider all the medicines you take, including prescription and over-the-counter medicines, vitamins, and herbal supplements. Include those you don't take every day—for example, acid reducers.) If "Yes," please list:

Yes  No

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**3. Have you had any procedures and/or surgeries for your obstructive HCM?**

(Examples may include alcohol septal ablation, myectomy, and ICD placement.) If "Yes," please list:

Yes  No

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# Preparing for your appointment (continued)

**Even if you're seeing the same doctor who diagnosed you,** answering the following questions can help your doctor understand how you are feeling and what your treatment goals are.

**4. Do you sometimes limit your daily activities to avoid symptoms, or find that your symptomatic obstructive HCM otherwise affects your everyday life?**

Yes  No

If “Yes,” use the questions below to describe the impact of your symptoms.

**5. Which of the below obstructive HCM symptoms have affected you the most or have worsened during the past 2 months?** Check all that apply. This is a list of the most common symptoms but may not include all symptoms you are experiencing.

- Shortness of breath
- Chest pain
- Tiredness
- Other \_\_\_\_\_
- Rapid heartbeat
- Dizziness
- Fainting
- \_\_\_\_\_

While the symptoms listed above are common symptoms of symptomatic obstructive HCM, people with this condition may experience additional symptoms that are not represented here. Symptoms can be representative of many conditions. Only a healthcare provider can determine whether these symptoms indicate obstructive HCM or another condition.

**6. Which of the following aspects of your everyday life have been limited by your symptoms during the past 2 weeks?** Check all that apply. This is a list of common activities that may have been impacted by your symptoms but may not include all activities where you feel limited.

- Dressing
- Showering or bathing
- Taking a short walk
- Climbing a flight of stairs without stopping
- Hurrying or jogging (as if to catch a bus)
- Doing yardwork
- Household chores/carrying groceries
- Working
- Hobbies or recreational activities
- Visiting friends or family
- Relationships with loved ones
- Sleeping
- Other (please describe): \_\_\_\_\_
- \_\_\_\_\_

**7. What are your treatment goals?**

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# Questions to ask about CAMZYOS™ during your appointment

**CAMZYOS** is a prescription medicine used to treat symptomatic obstructive hypertrophic cardiomyopathy, or HCM. CAMZYOS may improve your symptoms and your ability to be active.

If you're talking with a doctor about possible treatment options and want to learn more about CAMZYOS, here are some questions you may want to ask:

## 1. What is CAMZYOS?



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## 2. How does CAMZYOS work differently?



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## 3. What are the potential benefits and risks of CAMZYOS?



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## 4. How is CAMZYOS taken?



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## Important Facts About CAMZYOS

### How should I take CAMZYOS?

Take **CAMZYOS** exactly as your healthcare provider tells you.

- ✓ Once a day, by mouth
- ✗ **Do not** break, open, bite, or chew the capsule
- ✓ Swallow the capsule whole
- ✗ **Do not** change your dose of CAMZYOS without talking to your healthcare provider first



Talk to your healthcare provider about the right dose for you.

### What if I miss a dose?

- ✓ Take it as soon as possible and take your next dose at your regularly scheduled time the next day.
- ✗ **Do not** take two doses on the same day to make up for a missed dose.



Your healthcare provider may change your dose, temporarily stop, or permanently stop your treatment with CAMZYOS if you have certain side effects.

Please see additional Important Safety Information, including **Boxed WARNING**, throughout and [US Full Prescribing Information](#) and [Medication Guide](#) for CAMZYOS.

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# Questions to ask about CAMZYOS™ during your appointment (continued)

5. What are the monitoring and safety requirements of the CAMZYOS Risk Evaluation and Mitigation Strategy, or REMS, program?



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6. Where would I receive my echocardiograms, and how would we schedule them?



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7. What are the side effects of CAMZYOS, and is there anything else, such as a Boxed WARNING, that I should know about?



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If you and your doctor are considering CAMZYOS, be sure to discuss your medical history, prescription medicines, and over-the-counter medicines, including vitamins and herbal supplements. **Your doctor is always the best source of information when it comes to your health.**

## Important next steps to know if your doctor prescribes CAMZYOS


It's possible your doctor may prescribe CAMZYOS for your condition. The following checklist includes topics you may want to discuss with your doctor before starting on CAMZYOS:


- Enrolling in the CAMZYOS REMS program
- All the medicines you take, including prescription and over-the-counter medicines, vitamins, and herbal supplements (even if you don't take them every day)
- Dietary restrictions to be aware of when taking CAMZYOS, such as avoiding grapefruit juice
- Pregnancy or plans to become pregnant, breastfeeding, and effective forms of birth control during treatment
- Developing an infection
- How to get CAMZYOS from a specialty pharmacy
- Scheduling and attending regular echocardiograms
- Ask about what resources may be available


# Important Facts About CAMZYOS™

This is a summary of important information that you need to know about CAMZYOS. Your healthcare provider can work with you to help answer any questions you may have about this medication. Keep this information in a safe place so you can refer to it before and during your treatment.

**Look out for the following icons as you read:**

 Talk to your healthcare provider

 Call a healthcare provider right away

 Helpful information to remember

## What is CAMZYOS?

CAMZYOS is a prescription medicine used to treat:

- ✓ adults with **symptomatic obstructive hypertrophic cardiomyopathy** (obstructive HCM). CAMZYOS may improve your symptoms and your ability to be active.

## WARNING: RISK OF HEART FAILURE

 **CAMZYOS may cause serious side effects, including heart failure.**

**Heart failure, a condition where the heart cannot pump with enough force, is a serious condition that can lead to death.**

**You must have echocardiograms before you take your first dose and during your treatment with CAMZYOS to help your healthcare provider understand how your heart is responding to CAMZYOS.** Echocardiograms (echos) are imaging tests, a type of ultrasound study, which take pictures of your heart and show how well your heart is working.

People who develop a serious infection or irregular heartbeat have a greater risk of heart failure during treatment with CAMZYOS.


 **Get medical help right away** if you experience new or worsening symptoms, including:

- shortness of breath
- fatigue
- leg swelling
- chest pain
- racing heart (palpitations)
- rapid weight gain

**The risk of heart failure is also increased when CAMZYOS is taken with certain other medications.** Tell your healthcare provider about the medicines you take, both prescribed and obtained over-the-counter, before and during treatment with CAMZYOS.

**Because of the serious risk of heart failure, CAMZYOS is only available through a restricted program called the CAMZYOS Risk Evaluation and Mitigation Strategy (REMS) Program.** This means:

- ✓ **You and your healthcare provider must both be enrolled in the CAMZYOS REMS program** in order to have it prescribed. Talk to your healthcare provider about how to enroll and for more information about the program.
- ✓ **Your healthcare provider and pharmacist will make sure you understand how to take CAMZYOS safely,** which includes returning for echos when advised by your healthcare provider.
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**Continued on the next page.**

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# Important Facts About CAMZYOS™ (continued)

## What should I discuss with my healthcare provider before starting CAMZYOS?

 **Talk to your healthcare provider about all of your medical conditions, including if:**



**You are pregnant or plan to become pregnant – CAMZYOS may harm your unborn baby**



**Tell your healthcare provider right away** if you become pregnant or think you are pregnant during treatment with CAMZYOS. You may also report your pregnancy by calling Bristol Myers Squibb at 1-800-721-5072 or [www.bms.com](http://www.bms.com).

If you are a female and able to become pregnant, your healthcare provider will do a pregnancy test before you start receiving CAMZYOS. You should use an effective method of birth control (contraception) during treatment and for at least 4 months after your last dose of CAMZYOS.



CAMZYOS may reduce how well hormonal birth control works. Talk to your healthcare provider about the use of effective forms of birth control during treatment with CAMZYOS.



**You are breastfeeding or plan to breastfeed**

It is not known if CAMZYOS passes into your breast milk. Talk to your healthcare provider about the best way to feed your baby during treatment with CAMZYOS.

## What medicines should I discuss with my healthcare provider?

 **Tell your healthcare provider about all the medicines you take before and during treatment with CAMZYOS, including:**

- prescription medicines
- over-the-counter medicines
- vitamins
- herbal supplements

**Taking CAMZYOS with certain medicines or grapefruit juice may cause heart failure.**



**Especially tell your healthcare provider if you:**

- take over-the-counter medicines, including medications like omeprazole (for example, Prilosec®), esomeprazole (for example, Nexium®), or cimetidine (for example, Tagamet®)
- take other medicines to treat your obstructive HCM disease
- develop an infection



**Do not stop or change the dose of a medicine or start a new medicine without telling your healthcare provider.**

## What are the serious side effects of CAMZYOS?

A **serious side effect** is a side effect that can sometimes become life-threatening and can lead to death.

 **CAMZYOS may cause serious side effects, including heart failure (a condition where the heart cannot pump with enough force).**



**Get medical help right away** if you experience new or worsening symptoms, including:

- shortness of breath
- chest pain
- fatigue
- racing heart (palpitations)
- leg swelling
- rapid weight gain

**Continued on the next page.**

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# Important Facts About CAMZYOS™ (continued)

## What are the most common side effects?


The most common side effects of CAMZYOS include **dizziness and fainting (syncope)**.


 **Tell your healthcare provider** if you have any side effect that bothers you or that does not go away.


These are not all of the possible side effects of CAMZYOS.

 **Talk to your healthcare provider** for more information about side effects. You may report side effects to FDA at 1-800-FDA-1088. You may also report side effects to Bristol Myers Squibb at 1-800-721-5072.

## How should I take CAMZYOS?

 Before starting treatment with CAMZYOS, your healthcare provider will do an echocardiogram (echo) to assess your obstructive HCM. Your heart must be regularly monitored with echos while on treatment to help your healthcare provider understand how your heart is responding to CAMZYOS.

 Talk to your healthcare provider for more information about echos and your echo schedule.

 CAMZYOS comes in immediate release capsules, containing 2.5, 5, 10, or 15 mg of mavacamten. Each capsule is marked with the word MAVA and the number of milligrams (mg) it contains.

**Inactive ingredients:** croscarmellose sodium, hypromellose, magnesium stearate (non-bovine), mannitol, and silicon dioxide.  
**Capsule:** contains black iron oxide, gelatin, red iron oxide, titanium dioxide, and yellow iron oxide.


## Take CAMZYOS exactly as your healthcare provider tells you.

- ✓ Once a day, by mouth
- ✗ **Do not** break, open, bite, or chew the capsule
- ✓ Swallow the capsule whole
- ✗ **Do not** change your dose of CAMZYOS without talking to your healthcare provider first

 Talk to your healthcare provider about the right dose for you.

## What if I miss a dose?

- ✓ Take it as soon as possible and take your next dose at your regularly scheduled time the next day.
- ✗ **Do not** take two doses on the same day to make up for a missed dose.

 Your healthcare provider may change your dose, temporarily stop, or permanently stop your treatment with CAMZYOS if you have certain side effects.

Continued on the next page.

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# Important Facts About CAMZYOS™ (continued)

## How should I take CAMZYOS? (continued)

### What if I take too much CAMZYOS?



Call your healthcare provider or go to the nearest hospital emergency room right away.

### How should I store CAMZYOS?

Store CAMZYOS capsules between 68°F-77°F (20°C-25°C). **Keep CAMZYOS and all medicines out of the reach of children.**

Visit [camzyos.com](https://www.camzyos.com) to download other helpful resources designed to help you have productive conversations with your doctor.

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