

**CAMZYOS™**  
(mavacamten) 2.5, 5, 10, 15mg capsules

## Symptom tracker

A detailed record of your symptoms can help provide your doctor with important information about your condition.

CAMZYOS™ is a prescription medicine used to treat adults with symptomatic obstructive hypertrophic cardiomyopathy, or HCM, and may improve your symptoms and your ability to be active.

CAMZYOS will not work for everyone.  
Individual results may vary.



CAMZYOS is only approved for adults 18 years and older.

### Select Important Safety Information

#### WARNING: RISK OF HEART FAILURE

**!** CAMZYOS may cause serious side effects, including **heart failure**.

Heart failure, a condition where the heart cannot pump with enough force, is a serious condition that can lead to death.

You must have echocardiograms before you take your first dose and during your treatment with CAMZYOS to help your healthcare provider understand how your heart is responding to CAMZYOS. Echocardiograms (echos) are imaging tests, a type of ultrasound study, which take pictures of your heart and show how well your heart is working.

People who develop a serious infection or irregular heartbeat have a greater risk of heart failure during treatment with CAMZYOS.

**📞** Get medical help right away if you experience new or worsening symptoms, including:

- shortness of breath • fatigue • leg swelling
- chest pain • racing heart (palpitations) • rapid weight gain

The risk of heart failure is also increased when CAMZYOS is taken with certain other medications. Tell your healthcare provider about the medicines you take, both prescribed and obtained over-the-counter, before and during treatment with CAMZYOS.

Because of the serious risk of heart failure, CAMZYOS is only available through a restricted program called the CAMZYOS Risk Evaluation and Mitigation Strategy (REMS) Program. This means:

- ✓** You and your healthcare provider must both be enrolled in the CAMZYOS REMS program in order to have it prescribed. Talk to your healthcare provider about how to enroll and for more information about the program.
- ✓** Your healthcare provider and pharmacist will make sure you understand how to take CAMZYOS safely, which includes returning for echos when advised by your healthcare provider.
- ✓** You can only get CAMZYOS from a certified pharmacy that is part of the CAMZYOS REMS program. Talk to your healthcare provider about finding a certified pharmacy. You will not be able to get CAMZYOS from a local pharmacy.
- i** If you have questions about the CAMZYOS REMS Program, ask your healthcare provider, visit [www.CAMZYOSREMS.com](http://www.CAMZYOSREMS.com) or call 1-833-628-7367.

Please see additional Important Safety Information, including **Boxed WARNING**, on pages 7–10 and [US Full Prescribing Information](#) and [Medication Guide](#) for CAMZYOS.

Full name: \_\_\_\_\_ Today's date: \_\_\_\_\_

# Questions about your symptoms

Please complete the questions below and use the symptom-tracking calendar on pages 4 and 5 to record your obstructive HCM symptoms over time. Then bring this to your next doctor appointment.

It's important to keep your doctor up to date on how you're feeling. The symptom tracker in this guide can help you record your symptoms over time so you can share them with your doctor.

While the symptoms listed below are common symptoms of symptomatic obstructive HCM, people with this condition may experience additional symptoms that are not represented here. Symptoms can be representative of many conditions. Only a healthcare provider can assess these symptoms.

## 1. How would you summarize your symptoms? Check all that apply.

Symptom	Date of most recent occurrence	How often do you experience this symptom?	How long has this symptom been present?
<input type="checkbox"/> Shortness of breath			
<input type="checkbox"/> Tiredness			
<input type="checkbox"/> Chest pain			
<input type="checkbox"/> Rapid heartbeat			
<input type="checkbox"/> Dizziness			
<input type="checkbox"/> Fainting			
<input type="checkbox"/> _____			
<input type="checkbox"/> _____			
<input type="checkbox"/> _____			

**Include additional details about your symptoms and their impact here.**

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## Questions about your symptoms (continued)

2. Have the severity and frequency of your symptoms changed recently? If so, how and when?

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3. How much of an impact have your symptoms had recently on your ability to participate in both daily tasks and leisure activities? Circle a number below. Include further details on the lines provided.

① Mild/Slightly bothersome      ②      ③ Moderate/Somewhat limiting      ④      ⑤ Severe/Debilitating

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Sharing information on the impact of your symptoms can help your doctor determine your most appropriate treatment options.

Include additional details about your symptoms and their impact here.

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# Your symptom-tracking calendar

In order to better understand how your symptoms are affecting your daily activities, you may find it helpful to track the frequency and severity of your symptoms over time. A daily symptom tracker has been provided below, but you can also track your symptoms using a notebook or the calendar on your phone.

Although the symptoms listed in this tracker are common symptoms of symptomatic obstructive HCM, people with this condition may experience additional symptoms that are not represented here. Symptoms can be representative of many conditions. Only a healthcare provider can assess these symptoms.

**To use the tracker, write down each time you experience a symptom, and rate the severity/impact of each symptom from 1–5 according to the following scale:**



Date of my first day of tracking: \_\_\_\_\_

My symptoms	Day															
	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	
<input type="radio"/> Shortness of breath																
<input type="radio"/> Tiredness																
<input type="radio"/> Chest pain																
<input type="radio"/> Rapid heartbeat																
<input type="radio"/> Dizziness																
<input type="radio"/> Fainting																
<input type="radio"/> _____																
My symptoms cause me difficulty with:																
<input type="radio"/> Dressing																
<input type="radio"/> Walking																
<input type="radio"/> Climbing stairs																
<input type="radio"/> Working																
<input type="radio"/> Relationships																
<input type="radio"/> Hobbies																
<input type="radio"/> _____																



# Your symptom-tracking calendar (continued)

Include additional details about your symptoms and their impact here.

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	Day														
My symptoms	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30
<input type="radio"/> Shortness of breath															
<input type="radio"/> Tiredness															
<input type="radio"/> Chest pain															
<input type="radio"/> Rapid heartbeat															
<input type="radio"/> Dizziness															
<input type="radio"/> Fainting															
<input type="radio"/> _____															
My symptoms cause me difficulty with:															
<input type="radio"/> Dressing															
<input type="radio"/> Walking															
<input type="radio"/> Climbing stairs															
<input type="radio"/> Working															
<input type="radio"/> Relationships															
<input type="radio"/> Hobbies															
<input type="radio"/> _____															





# Important Facts About CAMZYOS™

This is a summary of important information that you need to know about CAMZYOS. Your healthcare provider can work with you to help answer any questions you may have about this medication. Keep this information in a safe place so you can refer to it before and during your treatment.

**Look out for the following icons as you read:**

 Talk to your healthcare provider

 Call a healthcare provider right away

 Helpful information to remember

## What is CAMZYOS?

CAMZYOS is a prescription medicine used to treat:

- ✓ adults with **symptomatic obstructive hypertrophic cardiomyopathy** (obstructive HCM). CAMZYOS may improve your symptoms and your ability to be active.

## WARNING: RISK OF HEART FAILURE

 **CAMZYOS may cause serious side effects, including heart failure.**

**Heart failure, a condition where the heart cannot pump with enough force, is a serious condition that can lead to death.**

**You must have echocardiograms before you take your first dose and during your treatment with CAMZYOS to help your healthcare provider understand how your heart is responding to CAMZYOS.** Echocardiograms (echos) are imaging tests, a type of ultrasound study, which take pictures of your heart and show how well your heart is working.

People who develop a serious infection or irregular heartbeat have a greater risk of heart failure during treatment with CAMZYOS.

 **Get medical help right away** if you experience new or worsening symptoms, including:

- shortness of breath
- fatigue
- leg swelling
- chest pain
- racing heart (palpitations)
- rapid weight gain

**The risk of heart failure is also increased when CAMZYOS is taken with certain other medications.** Tell your healthcare provider about the medicines you take, both prescribed and obtained over-the-counter, before and during treatment with CAMZYOS.

**Because of the serious risk of heart failure, CAMZYOS is only available through a restricted program called the CAMZYOS Risk Evaluation and Mitigation Strategy (REMS) Program.** This means:

- ✓ **You and your healthcare provider must both be enrolled in the CAMZYOS REMS program** in order to have it prescribed. Talk to your healthcare provider about how to enroll and for more information about the program.
- ✓ **Your healthcare provider and pharmacist will make sure you understand how to take CAMZYOS safely,** which includes returning for echos when advised by your healthcare provider.
- ✓ **You can only get CAMZYOS from a certified pharmacy that is part of the CAMZYOS REMS program.** Talk to your healthcare provider about finding a certified pharmacy. You will not be able to get CAMZYOS from a local pharmacy.
- i** If you have questions about the CAMZYOS REMS Program, ask your healthcare provider, visit [www.CAMZYOSREMS.com](http://www.CAMZYOSREMS.com) or call 1-833-628-7367.

**Continued on the next page.**

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**CAMZYOS™**  
(mavacamten) capsules

# Important Facts About CAMZYOS™ (continued)

## What should I discuss with my healthcare provider before starting CAMZYOS?

 **Talk to your healthcare provider about all of your medical conditions, including if:**



**You are pregnant or plan to become pregnant – CAMZYOS may harm your unborn baby**



**Tell your healthcare provider right away** if you become pregnant or think you are pregnant during treatment with CAMZYOS. You may also report your pregnancy by calling Bristol Myers Squibb at 1-800-721-5072 or [www.bms.com](http://www.bms.com).

If you are a female and able to become pregnant, your healthcare provider will do a pregnancy test before you start receiving CAMZYOS. You should use an effective method of birth control (contraception) during treatment and for at least 4 months after your last dose of CAMZYOS.



CAMZYOS may reduce how well hormonal birth control works. Talk to your healthcare provider about the use of effective forms of birth control during treatment with CAMZYOS.



**You are breastfeeding or plan to breastfeed**

It is not known if CAMZYOS passes into your breast milk. Talk to your healthcare provider about the best way to feed your baby during treatment with CAMZYOS.

## What medicines should I discuss with my healthcare provider?

 **Tell your healthcare provider about all of the medicines you take before and during treatment with CAMZYOS**, including:

- prescription medicines
- over-the-counter medicines
- vitamins
- herbal supplements

**Taking CAMZYOS with certain medicines or grapefruit juice may cause heart failure.**

 **Especially tell your healthcare provider if you:**

- take over-the-counter medicines, including medications like omeprazole (for example, Prilosec®), esomeprazole (for example, Nexium®), or cimetidine (for example, Tagamet®)
- take other medicines to treat your obstructive HCM disease
- develop an infection

 **Do not stop or change the dose of a medicine or start a new medicine without telling your healthcare provider.**

## What are the serious side effects of CAMZYOS?

A **serious side effect** is a side effect that can sometimes become life-threatening and can lead to death.



**CAMZYOS may cause serious side effects, including heart failure (a condition where the heart cannot pump with enough force).**



**Get medical help right away** if you experience new or worsening symptoms, including:

- shortness of breath
- chest pain
- fatigue
- racing heart (palpitations)
- leg swelling
- rapid weight gain

**Continued on the next page.**

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# Important Facts About CAMZYOS™ (continued)

## What are the most common side effects?

The most common side effects of CAMZYOS include **dizziness and fainting (syncope)**.



**Tell your healthcare provider** if you have any side effect that bothers you or that does not go away.

These are not all of the possible side effects of CAMZYOS.



**Talk to your healthcare provider** for more information about side effects. You may report side effects to FDA at 1-800-FDA-1088. You may also report side effects to Bristol Myers Squibb at 1-800-721-5072.

## How should I take CAMZYOS?



Before starting treatment with CAMZYOS, your healthcare provider will do an echocardiogram (echo) to assess your obstructive HCM. Your heart must be regularly monitored with echos while on treatment to help your healthcare provider understand how your heart is responding to CAMZYOS.



Talk to your healthcare provider for more information about echos and your echo schedule.



CAMZYOS comes in immediate release capsules, containing 2.5, 5, 10, or 15 mg of mavacamten. Each capsule is marked with the word MAVA and the number of milligrams (mg) it contains.

**Inactive ingredients:** croscarmellose sodium, hypromellose, magnesium stearate (non-bovine), mannitol, and silicon dioxide.

**Capsule:** contains black iron oxide, gelatin, red iron oxide, titanium dioxide, and yellow iron oxide.

## Take CAMZYOS exactly as your healthcare provider tells you.

- ✓ Once a day, by mouth
- ✓ Swallow the capsule whole
- ✗ **Do not** break, open, bite, or chew the capsule
- ✗ **Do not** change your dose of CAMZYOS without talking to your healthcare provider first



Talk to your healthcare provider about the right dose for you.

## What if I miss a dose?

- ✓ Take it as soon as possible and take your next dose at your regularly scheduled time the next day.
- ✗ **Do not** take two doses on the same day to make up for a missed dose.



Your healthcare provider may change your dose, temporarily stop, or permanently stop your treatment with CAMZYOS if you have certain side effects.

## Continued on the next page.

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# Important Facts About CAMZYOS™ (continued)

## How should I take CAMZYOS? (continued)

### What if I take too much CAMZYOS?



Call your healthcare provider or go to the nearest hospital emergency room right away.

### How should I store CAMZYOS?

Store CAMZYOS capsules between 68°F-77°F (20°C-25°C). **Keep CAMZYOS and all medicines out of the reach of children.**

Visit [camzyos.com](https://www.camzyos.com) to download a **doctor discussion guide** and find more helpful resources and information to talk about with your doctor—including if CAMZYOS could be an option for you.

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